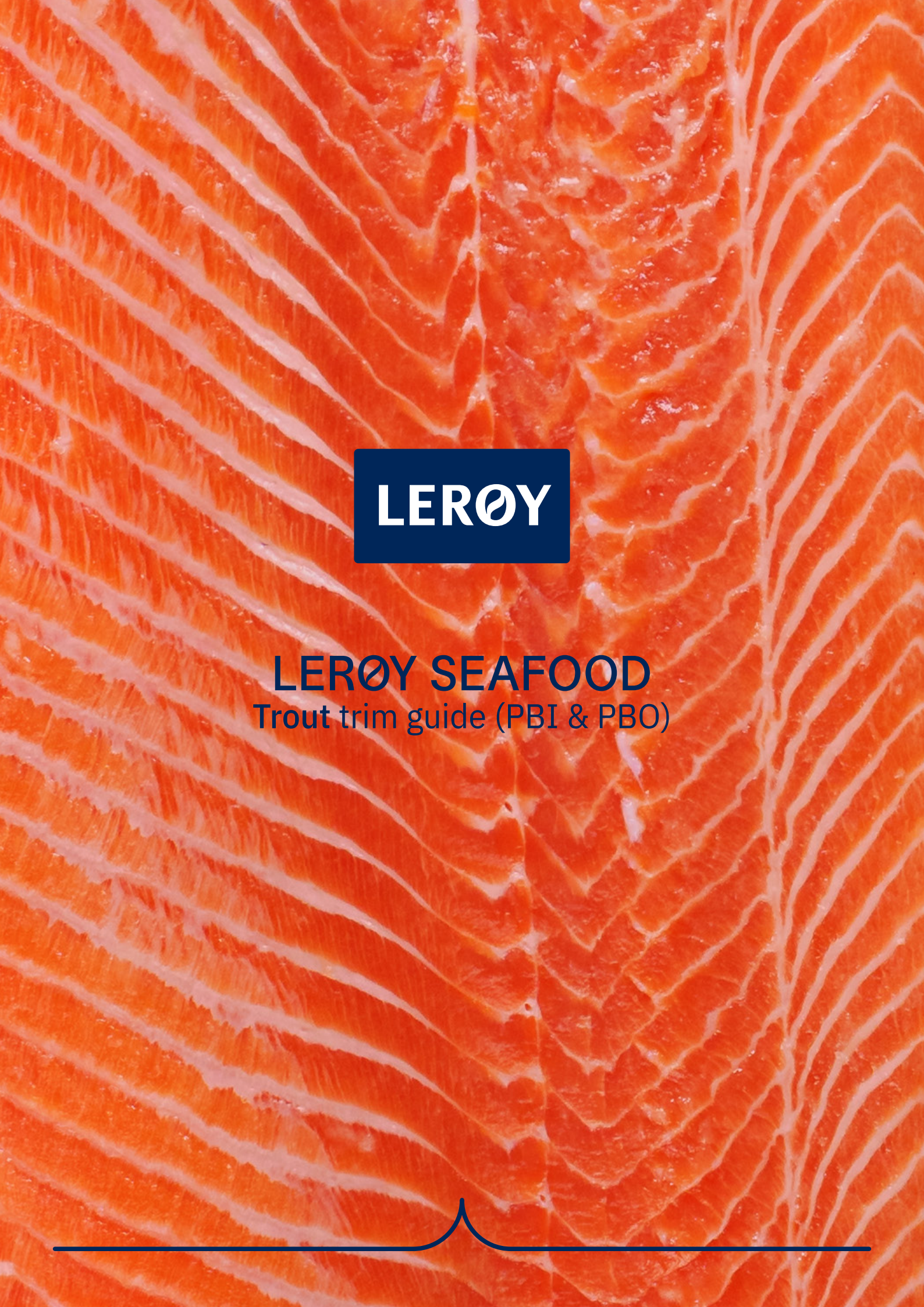


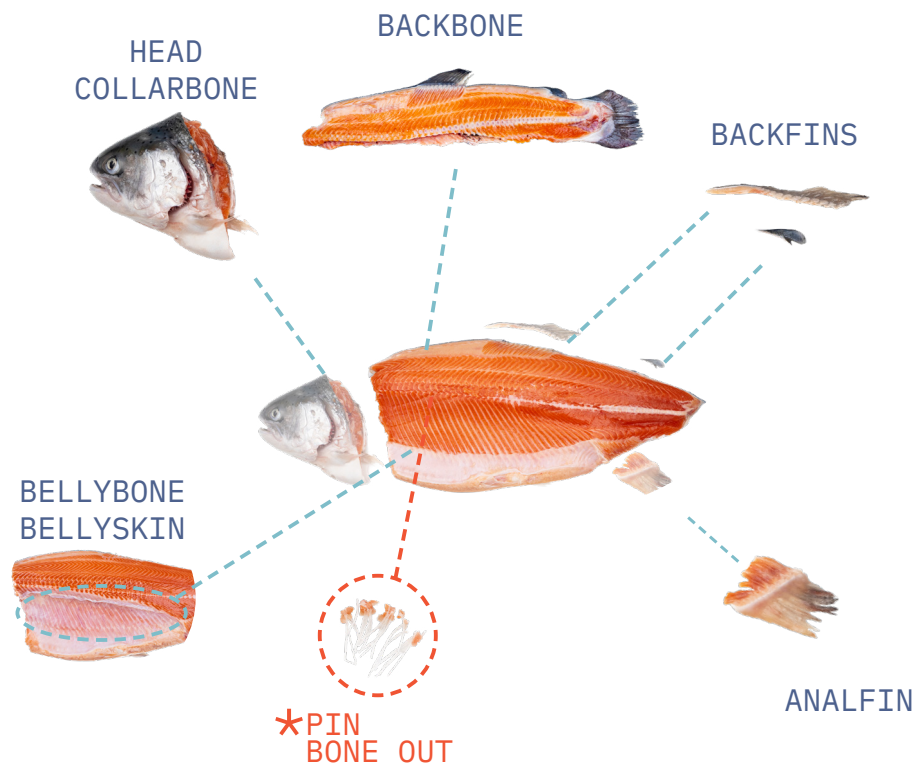
A close-up photograph of a salmon fillet, showing the characteristic orange-pink color and white marbling of the fish muscle. The texture is highly detailed, with visible muscle fibers and fat deposits.

LERØY

LERØY SEAFOOD
Trout trim guide (PBI & PBO)



A-TRIM / LERØY A-TRIM



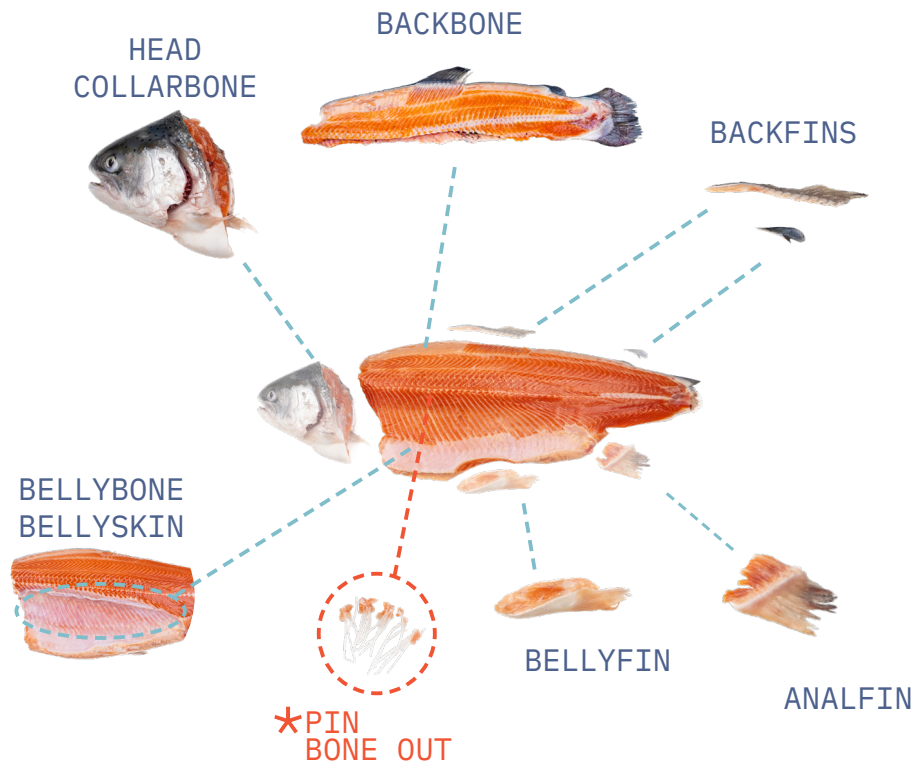
SCALE ON	SCALE OFF	ESTIMATED FILET WEIGHT A-TRIM / LERØY A-TRIM SCALE ON (KG)	
		2 - 3	0,7 - 1,1
		3 - 4	1,1 - 1,5
		4 - 5	1,5 - 1,9
		5 - 6	1,9 - 2,2
		6 - 7	2,2 - 2,6
INCLUDED	REMOVED	ESTIMATED FILET WEIGHT A-TRIM / LERØY A-TRIM SCALE OFF (KG)	
BELLYSKIN	HEAD	2 - 3	0,6 - 1,0
BELLYFAT	COLLARBONE	3 - 4	1,0 - 1,4
BELLYFIN	BACKBONE	4 - 5	1,4 - 1,8
ANALFAT	BACKFINS	5 - 6	1,8 - 2,1
BACKFAT	BELLYBONE	6 - 7	2,1 - 2,5
TAIL CARTILAGE	BELLYSKIN		
SKIN	ANALFIN		

PRE RIGOR PIN BONE IN (PBI)
POST RIGOR PIN BONE IN/OUT (PBI/PBO)



PRE-RIGOR FILET; PIN-BONES ARE ALWAYS INCLUDED.
POST-RIGOR FILET; PIN-BONES CAN BE REMOVED.

B-TRIM / LERØY A-TRIM *without bellyfin*



SCALE ON	SCALE OFF		
			
INCLUDED	REMOVED	ESTIMATED FILET WEIGHT B-TRIM / LERØY A-TRIM WO/BF SCALE ON (KG)	
BELLYSKIN	HEAD	2 - 3	0,7 - 1,1
BELLYFAT	COLLARBONE	3 - 4	1,1 - 1,4
ANALFAT	BACKBONE	4 - 5	1,4 - 1,8
BACKFAT	BACKFINS	5 - 6	1,8 - 2,2
TAIL CARTILAGE	BELLYBONE	6 - 7	2,2 - 2,5
SKIN	BELLYSKIN	ESTIMATED FILET WEIGHT B-TRIM / LERØY A-TRIM WO/BF SCALE ON (KG)	
	ANALFIN	2 - 3	0,6 - 1,0
	BELLYFIN	3 - 4	1,0 - 1,3
		4 - 5	1,3 - 1,7
		5 - 6	1,7 - 2,1
		6 - 7	2,1 - 2,4

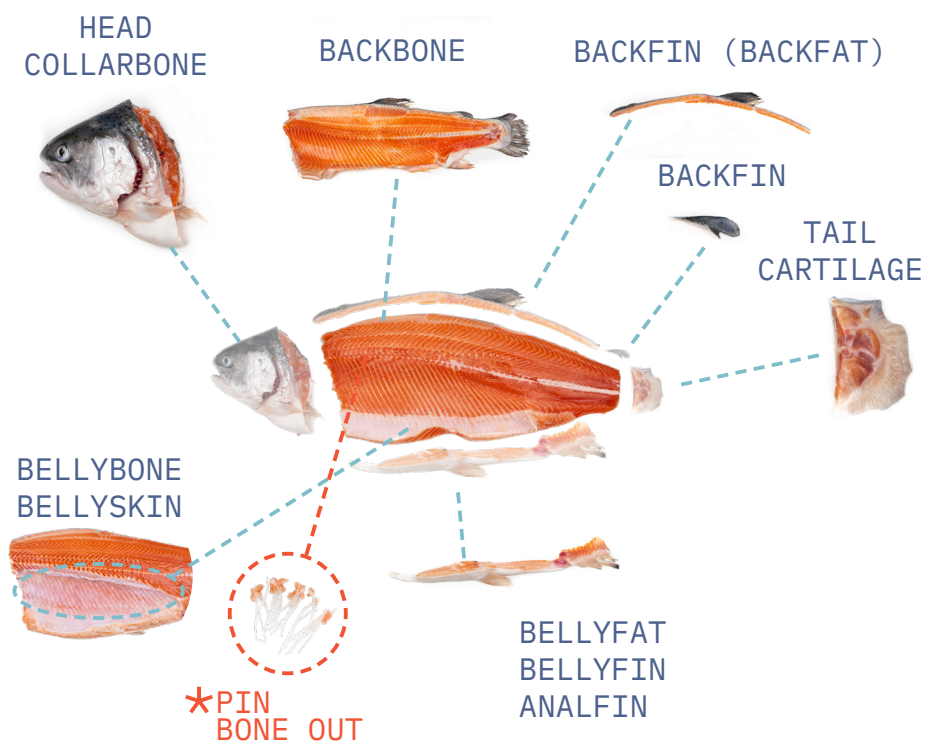
PRE RIGOR PIN BONE IN (PBI)
POST RIGOR PIN BONE IN/OUT (PBI/PBO)



PRE-RIGOR FILET; PIN-BONES ARE ALWAYS INCLUDED.

POST-RIGOR FILET; PIN-BONES CAN BE REMOVED.

C-TRIM *skin on* / LERØY B-TRIM *skin on*



SCALE ON	SCALE OFF		
			
INCLUDED	REMOVED		
BELLYSKIN	HEAD		
BELLYFAT	COLLARBONE		
ANALFAT	BACKBONE		
BACKFAT	BACKFINS		
SKIN	BACKFAT		
	BELLYBONE		
	BELLYSKIN		
	ANALFIN		
	BELLYFIN		
	BELLYFAT		
	TAIL CARTILAGE		
		ESTIMATED FILET WEIGHT C-TRIM / LERØY B-TRIM SCALE ON (KG)	
		2 - 3	0,7 - 1,0
		3 - 4	1,0 - 1,4
		4 - 5	1,4 - 1,8
		5 - 6	1,8 - 2,1
		6 - 7	2,1 - 2,5
		ESTIMATED FILET WEIGHT C-TRIM / LERØY B-TRIM SCALE OFF (KG)	
		2 - 3	0,6 - 0,9
		3 - 4	0,9 - 1,3
		4 - 5	1,3 - 1,7
		5 - 6	1,7 - 2,0
		6 - 7	2,0 - 2,4

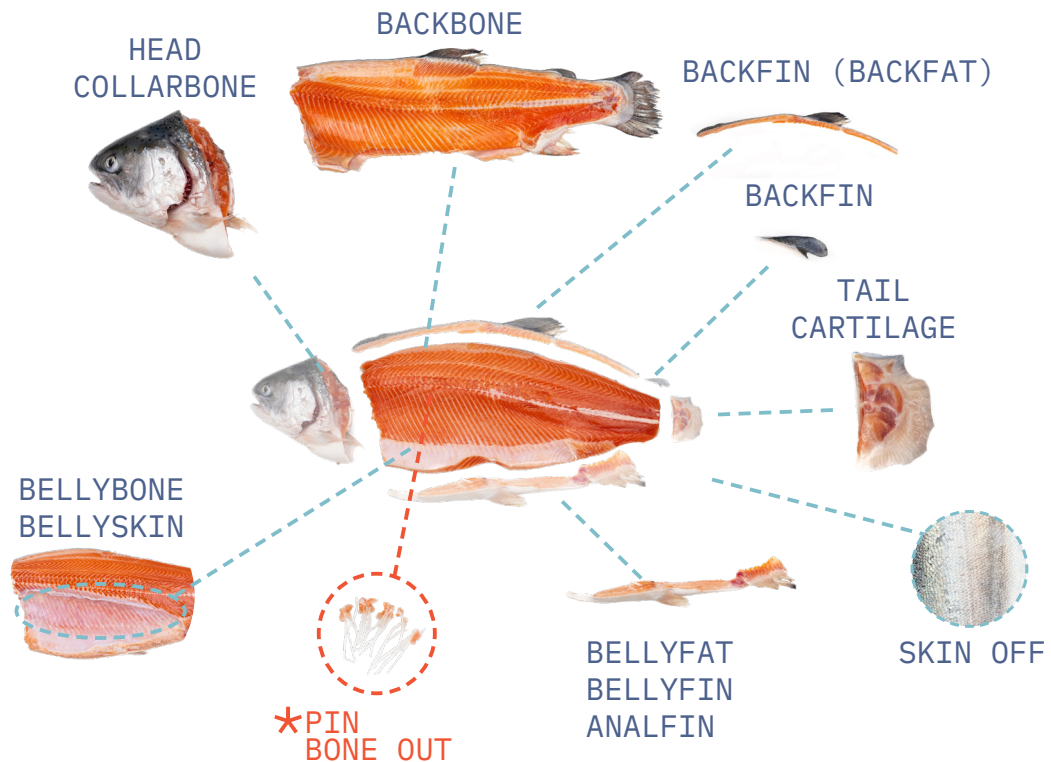
PRE RIGOR PIN BONE IN (PBI)
POST RIGOR PIN BONE IN/OUT (PBI/PBO) *



PRE-RIGOR FILET; PIN-BONES ARE ALWAYS INCLUDED.

POST-RIGOR FILET; PIN-BONES CAN BE REMOVED.

C-TRIM *skin off* / LERØY B-TRIM *skin off*



NORMAL SKINNED 3-10 CM	DEEP SKINNED 2-3 CM		
INCLUDED	REMOVED		
BELLYSKIN	HEAD		
BELLYFAT	COLLARBONE		
ANALFAT	BACKBONE		
BACKFAT	BACKFINS		
	BACKFAT		
	BELLYBONE		
	BELLYSKIN		
	ANALFIN		
	BELLYFIN		
	BELLYFAT		
	TAIL CARTILAGE		
	SKIN		

ESTIMATED FILET WEIGHT C-TRIM / LERØY B-TRIM SKIN OFF - NORMAL SKINNED (KG)	
2 - 3	0,5 - 0,8
3 - 4	0,8 - 1,1
4 - 5	1,1 - 1,4
5 - 6	1,4 - 1,7
6 - 7	1,7 - 2,0

ESTIMATED FILET WEIGHT C-TRIM / LERØY B-TRIM SKIN OFF - DEEP SKINNED (KG)	
2 - 3	0,5 - 0,8
3 - 4	0,8 - 1,0
4 - 5	1,0 - 1,3
5 - 6	1,3 - 1,5
6 - 7	1,5 - 1,8

PRE RIGOR PIN BONE IN (PBI)
POST RIGOR PIN BONE IN/OUT (PBI/PBO)

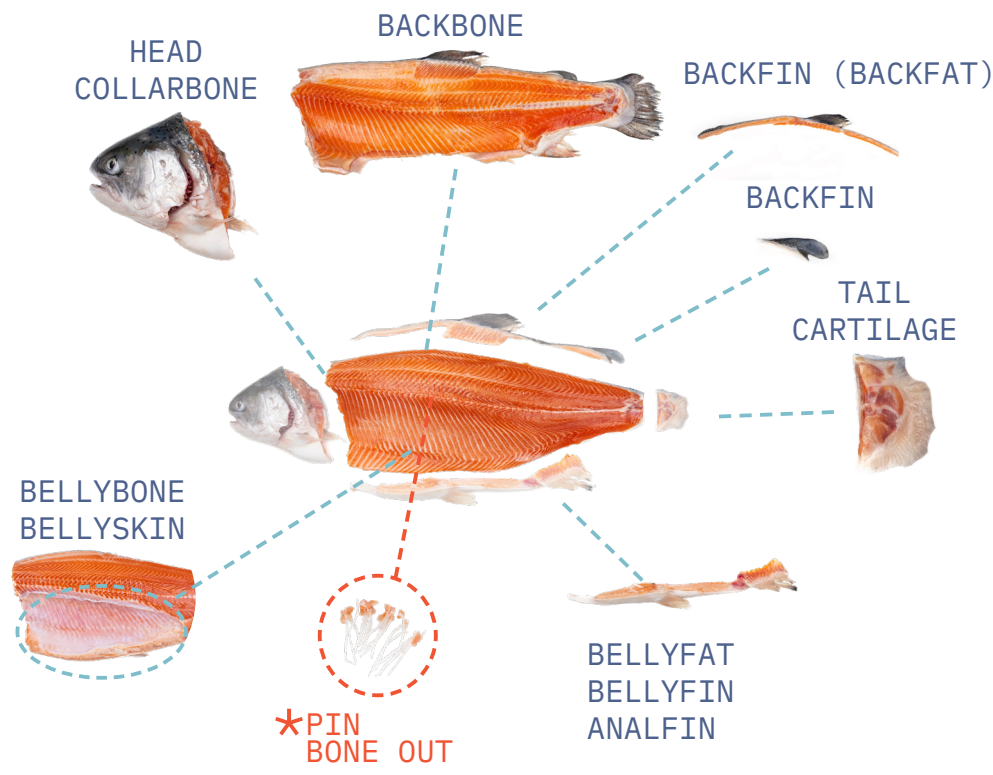
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PRE-RIGOR FILET; PIN-BONES
ARE ALWAYS INCLUDED.

POST-RIGOR FILET; PIN-
BONES CAN BE REMOVED.

D-TRIM / LERØY C-TRIM *skin on*



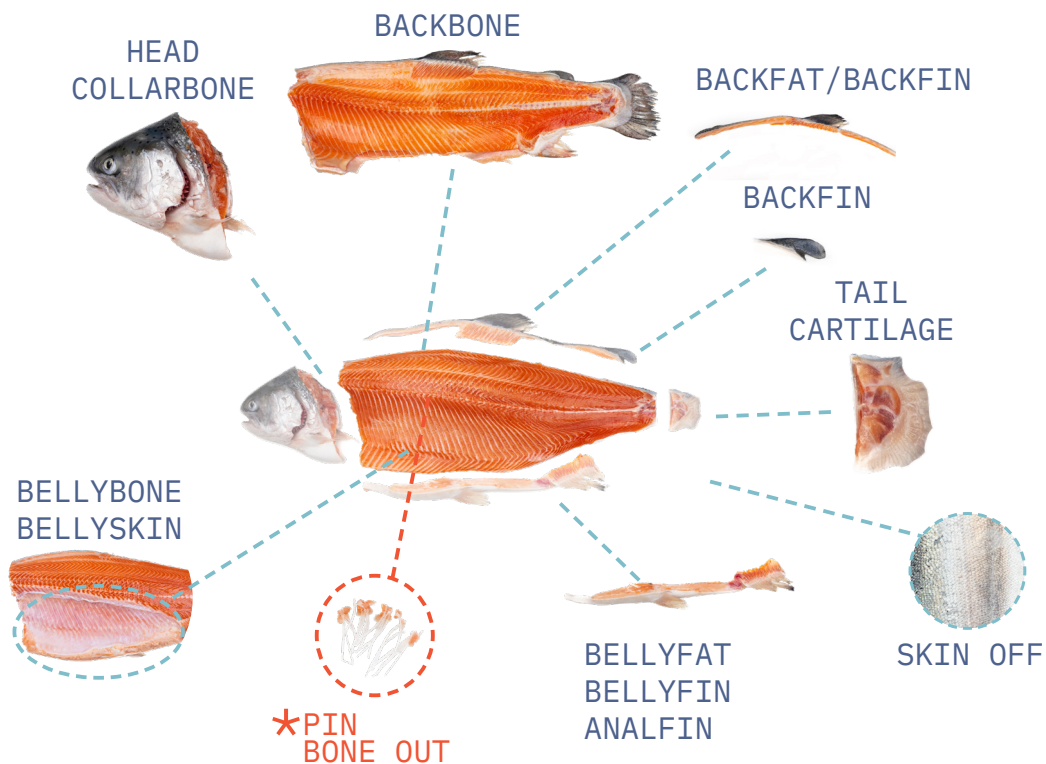
SCALE ON	SCALE OFF	ESTIMATED FILET WEIGHT D-TRIM / LERØY C-TRIM SCALE ON (KG)	
		2 - 3	0,6 - 0,9
INCLUDED	SKIN	3 - 4	0,9 - 1,3
	HEAD	4 - 5	1,3 - 1,6
	COLLARBONE	5 - 6	1,6 - 1,9
	BACKBONE	6 - 7	1,9 - 2,2
	BACKFINS	ESTIMATED FILET WEIGHT D-TRIM / LERØY C-TRIM SCALE OFF (KG)	
	BACKFAT	2 - 3	0,5 - 0,8
	BELLYBONE	3 - 4	0,8 - 1,2
	BELLYSKIN	4 - 5	1,2 - 1,5
	ANALFIN	5 - 6	1,5 - 1,8
	BELLYFIN	6 - 7	1,8 - 2,1
	BELLYFAT		
	TAIL CARTILAGE		
	ANALFAT		

PRE RIGOR PIN BONE IN (PBI)
POST RIGOR PIN BONE IN/OUT (PBI/PBO)



PRE-RIGOR FILET; PIN-BONES ARE ALWAYS INCLUDED.
POST-RIGOR FILET; PIN-BONES CAN BE REMOVED.

E-TRIM / LERØY C-TRIM *skin off*



NORMAL SKINNED 3-10 CM DEEP SKINNED 2-3 CM			
INCLUDED REMOVED		ESTIMATED FILET WEIGHT E-TRIM / LERØY C-TRIM SKIN OFF - NORMAL SKINNED (KG) ESTIMATED FILET WEIGHT E-TRIM / LERØY C-TRIM SKIN OFF - DEEP SKINNED (KG)	
		2 - 3	0,5 - 0,8
		3 - 4	0,8 - 1,1
		4 - 5	1,1 - 1,4
		5 - 6	1,4 - 1,6
		6 - 7	1,6 - 1,9
		2 - 3	0,4 - 0,7
		3 - 4	0,7 - 1,0
		4 - 5	1,0 - 1,2
		5 - 6	1,2 - 1,5
		6 - 7	1,5 - 1,7

PRE RIGOR PIN BONE IN (PBI)
POST RIGOR PIN BONE IN/OUT (PBI/PBO)

*



PRE-RIGOR FILET; PIN-BONES
ARE ALWAYS INCLUDED.

POST-RIGOR FILET; PIN-
BONES CAN BE REMOVED.

A-TRIM / LERØY A-TRIM

SCALE ON / SCALE OFF

INCLUDED	REMOVED
BELLYSKIN	HEAD
BELLYFAT	COLLARBONE
BELLYFIN	BACKBONE
ANALFAT	ANALFIN
BACKFAT	BACKFINS
TAIL CARTILAGE	BELLYSKIN
SKIN	BELLYBONE

ESTIMATED FILET WEIGHT	SCALE ON (KG)
2 - 3	0,7 - 1,1
3 - 4	1,1 - 1,5
4 - 5	1,5 - 1,9
5 - 6	1,9 - 2,2
6 - 7	2,2 - 2,6

ESTIMATED FILET WEIGHT	SCALE OFF (KG)
2 - 3	0,6 - 1,0
3 - 4	1,0 - 1,4
4 - 5	1,4 - 1,8
5 - 6	1,8 - 2,1
6 - 7	2,1 - 2,5

B-TRIM / LERØY A-TRIM without bellyfin

SCALE ON / SCALE OFF

INCLUDED	REMOVED
BELLYSKIN	HEAD
BELLYFAT	COLLARBONE
TAIL CARTILAGE	BACKBONE
ANALFAT	BELLYBONE
BACKFAT	ANALFIN
SKIN	BACKFINS
	BELLYSKIN
	BELLYFIN

ESTIMATED FILET WEIGHT	SCALE ON (KG)
2 - 3	0,7 - 1,1
3 - 4	1,1 - 1,4
4 - 5	1,4 - 1,8
5 - 6	1,8 - 2,2
6 - 7	2,2 - 2,5

ESTIMATED FILET WEIGHT	SCALE OFF (KG)
2 - 3	0,6 - 1,0
3 - 4	1,0 - 1,3
4 - 5	1,3 - 1,7
5 - 6	1,7 - 2,1
6 - 7	2,1 - 2,4

C-TRIM skin on / LERØY B-TRIM skin on

SCALE ON / SCALE OFF

INCLUDED	REMOVED
BELLYSKIN	HEAD
BELLYFAT	COLLARBONE
SKIN	BACKBONE
ANALFAT	BACKFINS
BACKFAT	BACKFAT
	TAIL CARTILAGE
	BELLYBONE
	BELLYSKIN
	ANALFIN
	BELLYFIN
	BELLYFAT

ESTIMATED FILET WEIGHT	SCALE ON (KG)
2 - 3	0,7 - 1,0
3 - 4	1,0 - 1,4
4 - 5	1,4 - 1,8
5 - 6	1,8 - 2,1
6 - 7	2,1 - 2,5

ESTIMATED FILET WEIGHT	SCALE OFF (KG)
2 - 3	0,6 - 0,9
3 - 4	0,9 - 1,3
4 - 5	1,3 - 1,7
5 - 6	1,7 - 2,0
6 - 7	2,0 - 2,4

C-TRIM skin off / LERØY B-TRIM skin off

NORMAL SKINNED / DEEP SKINNED

INCLUDED	REMOVED
BELLYSKIN	HEAD
BELLYFAT	COLLARBONE
ANALFAT	BACKBONE
BACKFAT	BACKFINS
	BACKFAT
	TAIL CARTILAGE
	BELLYBONE
	BELLYSKIN
	ANALFIN
	BELLYFIN
	BELLYFAT
	SKIN

ESTIMATED FILET WEIGHT	SCALE ON (KG)
2 - 3	0,5 - 0,8
3 - 4	0,8 - 1,1
4 - 5	1,1 - 1,4
5 - 6	1,4 - 1,7
6 - 7	1,7 - 2,0

ESTIMATED FILET WEIGHT	SCALE OFF (KG)
2 - 3	0,5 - 0,8
3 - 4	0,8 - 1,0
4 - 5	1,0 - 1,3
5 - 6	1,3 - 1,5
6 - 7	1,5 - 1,8

D-TRIM / LERØY C-TRIM skin on

SCALE ON / SCALE OFF

INCLUDED	REMOVED
SKIN	HEAD
	COLLARBONE
	BACKBONE
	BACKFINS
	BACKFAT
	TAIL CARTILAGE
	BELLYBONE
	BELLYSKIN
	ANALFIN
	BELLYFIN
	BELLYFAT

ESTIMATED FILET WEIGHT	SCALE ON (KG)
2 - 3	0,6 - 0,9
3 - 4	0,9 - 1,3
4 - 5	1,3 - 1,6
5 - 6	1,6 - 1,9
6 - 7	1,9 - 2,2

ESTIMATED FILET WEIGHT	SCALE OFF (KG)
2 - 3	0,5 - 0,8
3 - 4	0,8 - 1,2
4 - 5	1,2 - 1,5
5 - 6	1,5 - 1,8
6 - 7	1,8 - 2,1

E-TRIM / LERØY C-TRIM skin off

NORMAL SKINNED / DEEP SKINNED

INCLUDED	REMOVED
	HEAD
	COLLARBONE
	BACKBONE
	BACKFINS
	BACKFAT
	TAIL CARTILAGE
	BELLYBONE
	BELLYSKIN
	ANALFIN
	BELLYFIN
	BELLYFAT
	SKIN
	ANALFAT

ESTIMATED FILET WEIGHT	SCALE ON (KG)
2 - 3	0,5 - 0,8
3 - 4	0,8 - 1,1
4 - 5	1,1 - 1,4
5 - 6	1,4 - 1,6
6 - 7	1,6 - 1,9

ESTIMATED FILET WEIGHT	SCALE OFF (KG)
2 - 3	0,4 - 0,7
3 - 4	0,7 - 1,0
4 - 5	1,0 - 1,2
5 - 6	1,2 - 1,5
6 - 7	1,5 - 1,7

This document presents a guide to illustrate how Lerøy trim our trout filets at our production facilities, compared with the marked trim guide. Filet weights are indicated based on raw material size and the average yield for the various trim descriptions. Trim and filet weight may vary depending on factory equipment, seasonal factors, and the biological characteristics of the fish. Filet weight may variate +/- 10%.

PACKAGING

STYROFOAM BOX 20 KG
H-72



AIR BOX 20 KG
H-72



AIR BOX 10 KG
H-72



CARTON BOX (FROZEN) 10-20 KG
H-72



BULK VACUUM
H-72
2 BAGS PR BOX



BULK VACUUM
H-72
10-11 KG PR BAG



BLUE BAG
H-72



SINGLE VACUUM
FJORD TROUT FILM



* FROZEN PACKAGING
IS AN OPTION

The logo consists of the word "LERØY" in a bold, white, sans-serif font. The letter "Ø" is stylized with a vertical line through its center. The text is enclosed within a white rectangular border with rounded corners.

LERØY

Produced by Lerøy Seafood Group ASA
Thormøhlens gate 51 B
N-5006 Bergen, Norway
Phone: +47 55 21 36 50
E-mail: post@leroyseafood.com

A white decorative line at the bottom of the page, consisting of a horizontal line with a small upward-pointing curve in the center.